

Admission checklist: Child and adolescent residential care

Welcome! To help make your admission go smoothly and your stay as comfortable as possible, we ask that you read through this checklist. By following this list, you will arrive at Rogers with all the necessary documents and personal items. If you have any questions after reading the list, please contact our admissions department at 800-767-4411.

What to bring with you

Mandatory items:

- Latest medical information as directed.
- Current psychiatric evaluation or psychological testing, if available.
- Discharge summary from your last hospitalization, as applicable.
- Names, addresses and telephone numbers of current outpatient providers, such as your primary care physician, psychiatrist, and therapist.
- Name, address, telephone number of your current school, along with names of your teachers; your current textbooks plus anything else related to meeting your current education needs.
- Insurance card, prescription card, and current prescribed and over-the-counter medications ***in their original container***. (Please do not transfer medications into a daily pill dispenser. All approved over-the-counter medications – see supplement restriction list – must be in new, sealed containers.)
- Signed interstate compact agreement from local state agency (only if you are coming from outside the State of Wisconsin).

Optional items: *Space is limited for each resident*

- Stationery, stamps and envelopes.
- Hair dryer, hair straightener.
- Pictures of family and friends for your room. *No glass frames are permitted.*
- Reading materials *
- Portable CD player, MP3 player and some video games are permitted *
- Some musical instruments (please review with our admissions representative)
- Mattress topper (must be new; size is Twin XL)

* Subject to approval of your parents and treatment team

Recommended items:

- Comfortable clothing and outerwear appropriate for the season (layering is recommended). *Provocative clothing and/or jewelry which refer to alcohol/ drugs or promote violent themes/behaviors are not allowed.*
- One-piece swimsuit, towel and water shoes for swimming (indoor and outdoor) and boating.
- Tennis shoes, boots (no slip-on cowboy boots) and proper footwear for outdoor and indoor activities.
- Slippers and sleepwear. (We provide linens – towels, washcloths, sheets, comforter, and pillow – however, you may bring your own if it makes you more comfortable.)
- Personal hygiene items (toothpaste, toothbrush, shampoo, comb, deodorant, cosmetics, etc.). **Note:** No aerosols or alcohol-based products are allowed, so please check to make sure that alcohol is not listed as one of the top three ingredients. Only electric or battery razors are permitted.
- Spending money (est. \$25-30 per week, or \$100-120 per month for group outings). *Residents have a secure location to store cash; parents may leave checks payable to "RBH" in \$20 increments to be cashed as needed.*

Prohibited Items: **Do not bring; will be sent home.**

- ✗ Smartphones or any electronic devices (iPad, smartwatch, etc.) with built-in cameras, internet access, texting or recording capabilities
- ✗ Laptop computers / notebooks / tablets
- ✗ TVs; portable DVD players; portable gaming systems
- ✗ Heating pads or electric blankets
- ✗ Candles, incense, CBD oils (with and without THC), perfumes, colognes, essential oils and diffusers, or items with a noticeable aroma
- ✗ Extension cords; string lights
- ✗ Pins, tacks, or safety pins
- ✗ Any item restricted by law

Smoke-free campus:

Please be aware that each of Rogers Behavioral Health's hospital campuses is smoke-free. Family members and visitors are unable to smoke anywhere on campus.

Pharmacy and medication information:

Your family is responsible for checking with your insurance provider regarding prescription drug coverage during your stay. Bring your medications in their original containers.

After admission, your treatment team will review your medications and order medications through an outside pharmacy contracted to provide services for Rogers Behavioral Health and numerous health care organizations in the area. Unit dose packaging is a state regulation requirement to ensure the safe handling and storage of medications in our residential centers.

Nursing information:

We do have nurses working in each residential center; however, nursing services are reduced on some shifts due to our state designation as a residential treatment program (as opposed to hospitalization program standards). Please address any major medical issues prior to your admission.

Billing information:

In addition to the residential treatment charges from Rogers Behavioral Health, you will receive separate invoices for psychiatry services provided by the psychiatrists. You will receive a statement of these charges, regularly, while you are in treatment. If you have any concerns about this, please contact patient financial services at 262-303-2180 or CS-PFS@rogersb.org.

Please note that medical services are separate from the behavioral health treatment services provided by Rogers Behavioral Health. You will also be responsible for any medical services provided during your stay. You will receive separate invoices from these independent practitioners. These invoices are your responsibility, and you should make payment arrangements directly with them.

As we continually strive to improve our program components and treatment services, this information is subject to change and revision without prior notice. We have attempted to provide the most accurate and up-to-date information. (Rev 05/24)